



# **Treating and Managing BRAF-Mutated Melanoma: Clinical Pearls for Oncology Pharmacists**

## ***An Ask-the Experts Forum***

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# Faculty

## **Danielle Roman, PharmD, BCOP**

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Dr. Roman is the manager for oncology clinical pharmacy services at the Allegheny Health Network Cancer Institute in Pittsburgh, Pennsylvania. Her practice is focused on cancer care for a large ambulatory medical oncology practice. She has served as adjunct clinical faculty for Duquesne University School of Pharmacy and lectures at the University of Pittsburgh School of Pharmacy. Dr. Roman received her doctorate of pharmacy from the Duquesne University School of Pharmacy and completed her post-graduation residency training at The Johns Hopkins Hospital where she specialized in oncology pharmacy. She is the residency program director for the PGY2 oncology residency program at Allegheny General Hospital. Her research and scholarly activities focus on supportive care for individuals with cancer and multiple comorbidities and oral anticancer agents.





# Faculty

## Heidi D. Finnes, PharmD, BCOP, FHOPA

Senior Manager, Pharmacy Cancer Research  
Assistant Professor of Pharmacy,  
Mayo Clinic College of Medicine  
Rochester, MN

Dr. Finnes is the Senior Manager, Pharmacy Cancer Center Research at the Mayo Clinic Cancer Center in Rochester, MN. She obtained her PharmD degree from Drake University in Des Moines, Iowa and is Board Certified in Oncology Pharmacy. Dr. Finnes is the Director of the Mayo Clinic Cancer Center Pharmacy Shared Resource, provides input on oncology clinical trials during protocol development, authors drug templates, and offers recommendations for therapy and supportive care via a Medication Therapy Management Clinic. She also manages patients with immunotherapy toxicities as part of an immune checkpoint inhibitor clinic. Dr. Finnes is the chair of the Alliance for Clinical Trials in Oncology Pharmacy Committee and President-Elect of the Hematology Oncology Pharmacy Association. Her research interests include melanoma, immune checkpoint inhibitors and effects of concurrent medications on cancer treatment.



# Disclosures

Dr. Roman has no relevant affiliations or financial relationships with a commercial interest to disclose.

Dr. Finnes has no relevant affiliations or financial relationships with a commercial interest to disclose.

The clinical reviewer, Megan May, PharmD, BCOP has no relevant affiliations or financial relationships with a commercial interest to disclose.

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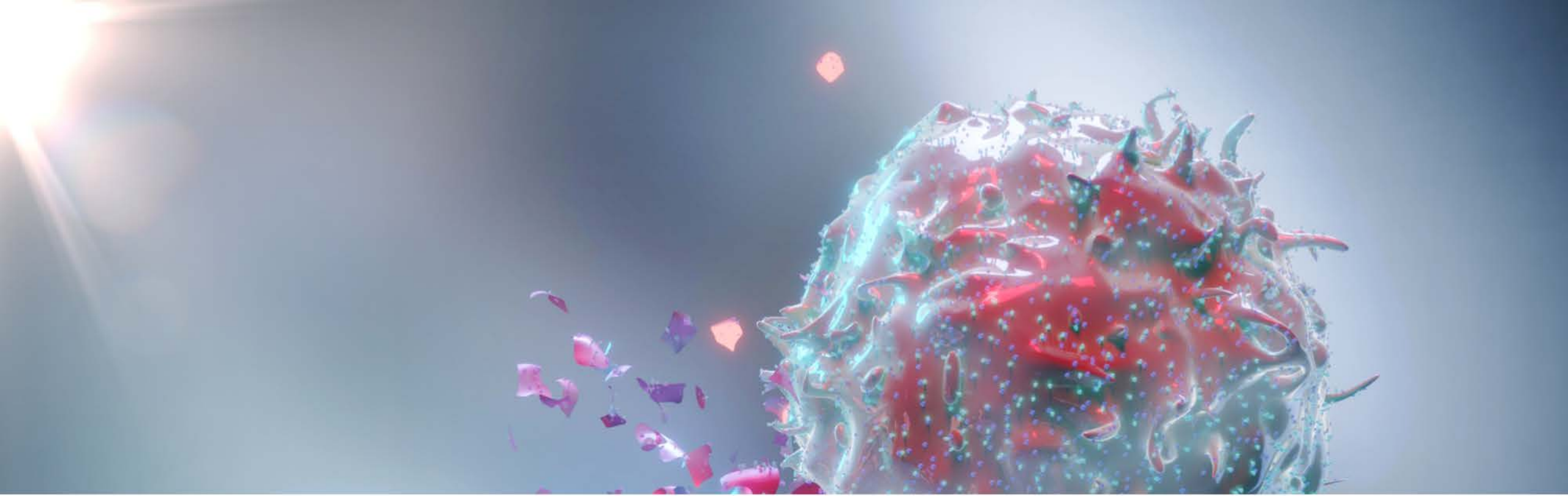
# Learning Objectives

- **Differentiate** available BRAF and MEK inhibitor agents for the treatment of BRAF-mutated melanoma
- **Discuss** aspects of BRAF, MEK inhibitor, and immune checkpoint inhibitor sequencing
- **Describe** appropriate treatment strategies for BRAF-mutated melanoma based on patient-specific factors and clinical efficacy data
- **Formulate** approaches to effectively manage unique adverse events when utilizing BRAF and MEK inhibitor agents in the treatment of BRAF-mutated melanoma

# *Frequently Asked Questions*

- Melanoma
  - BRAF-mutant Melanoma
- BRAF-MEK Inhibitor Treatment
- BRAF-MEK Inhibitor Toxicity and Management
- Pharmacist consideration



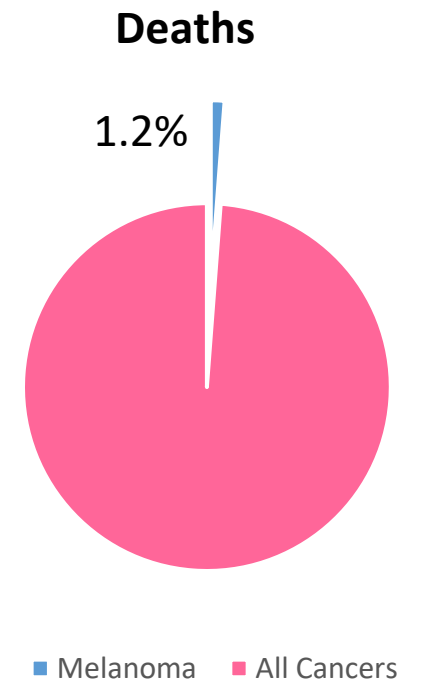
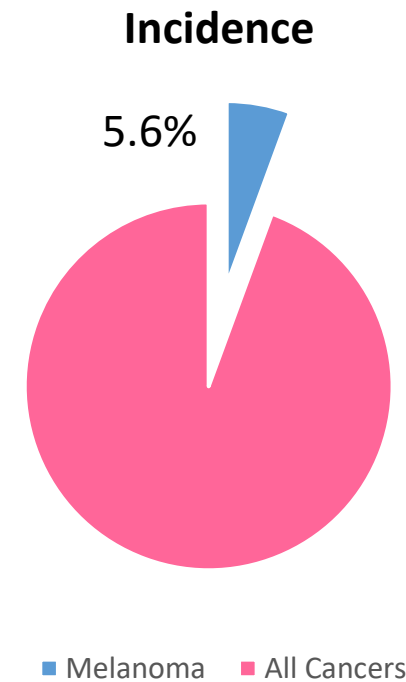
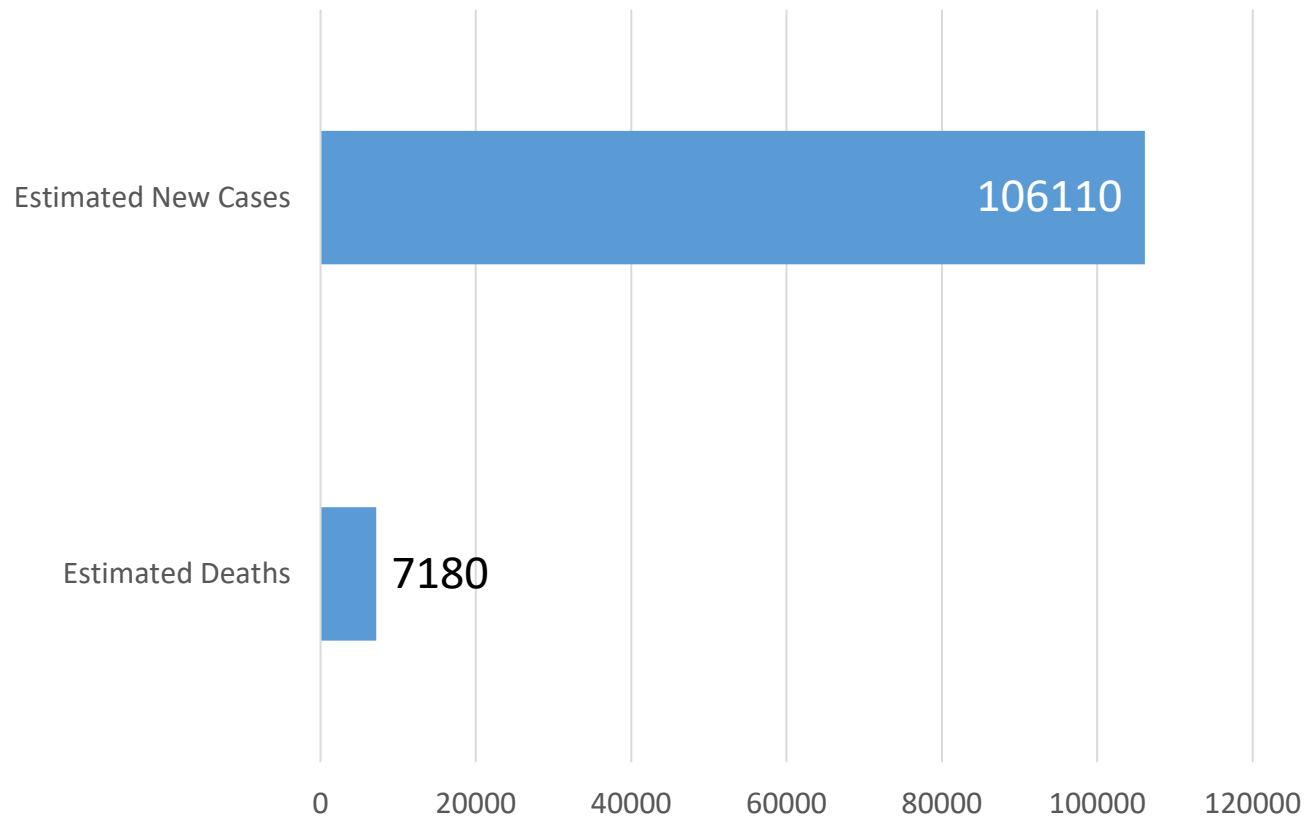


# Melanoma

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# Statistics

2021

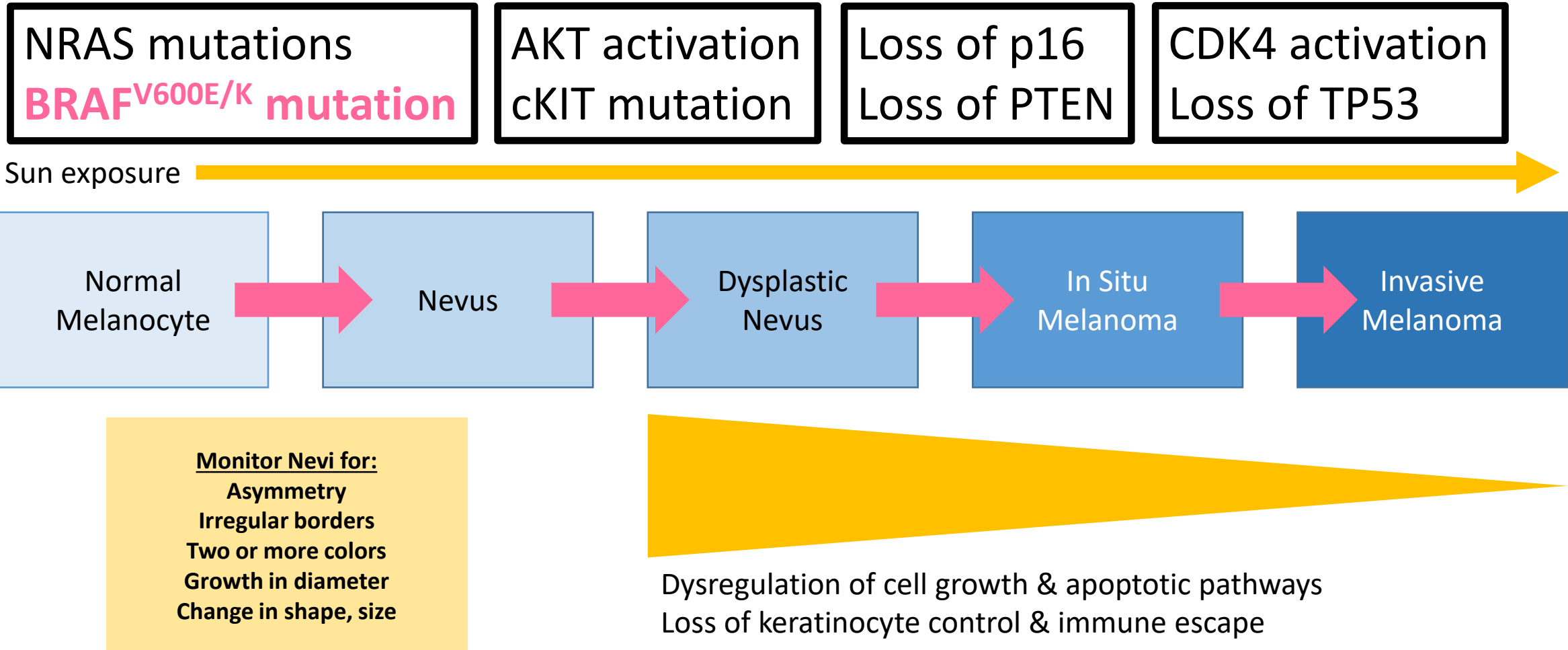


# Risk Factors

- Light skin
- Skin that burns, freckles, and/or reddens easily
- Blue/green eyes
- Blonde/red hair
- Large number of moles
- Exposure to ultraviolet rays
- Family or personal history of skin cancer
- Older age



# Pathogenesis



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# Staging Overview

## Stage I

- Localized

## Stage II

- Early, locally advanced

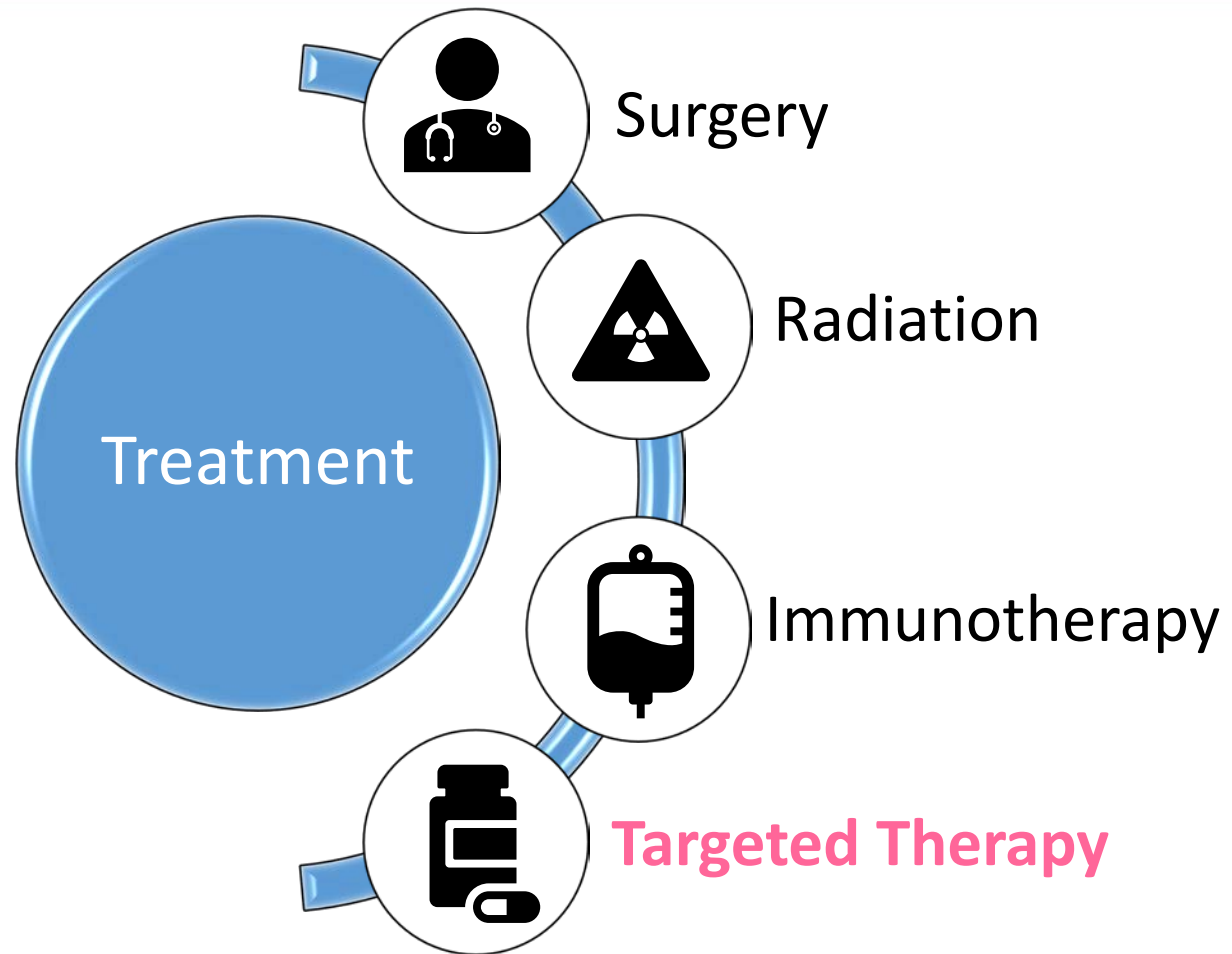
## Stage III

- Late, locally advanced

## Stage IV

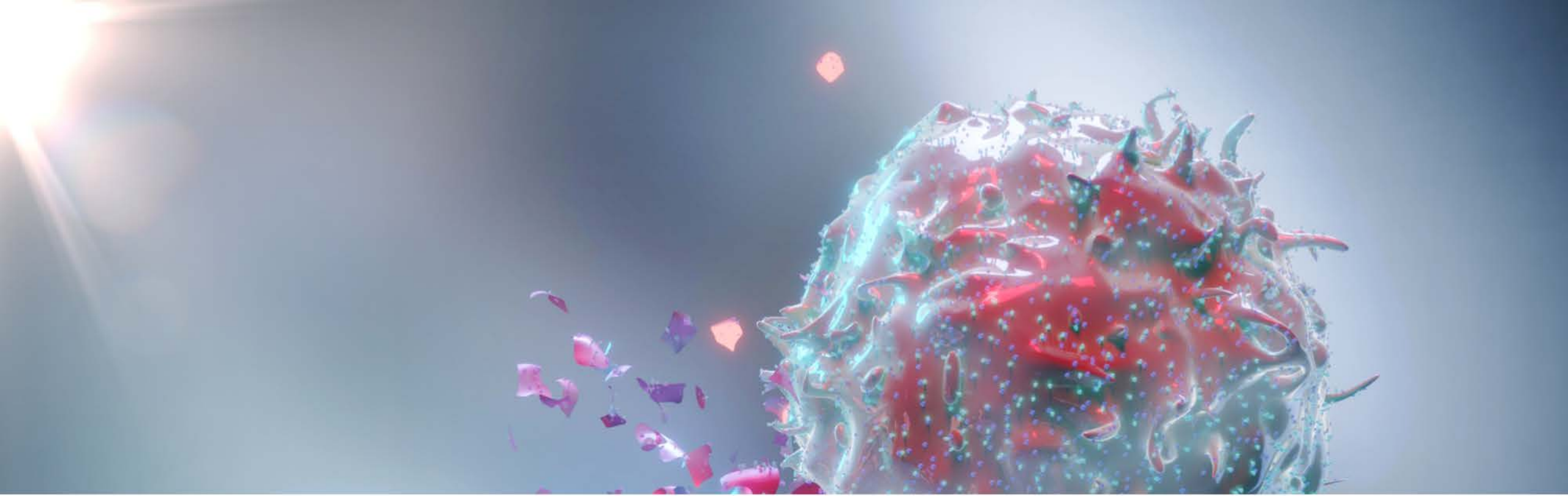
- Metastatic

# Treatment Overview



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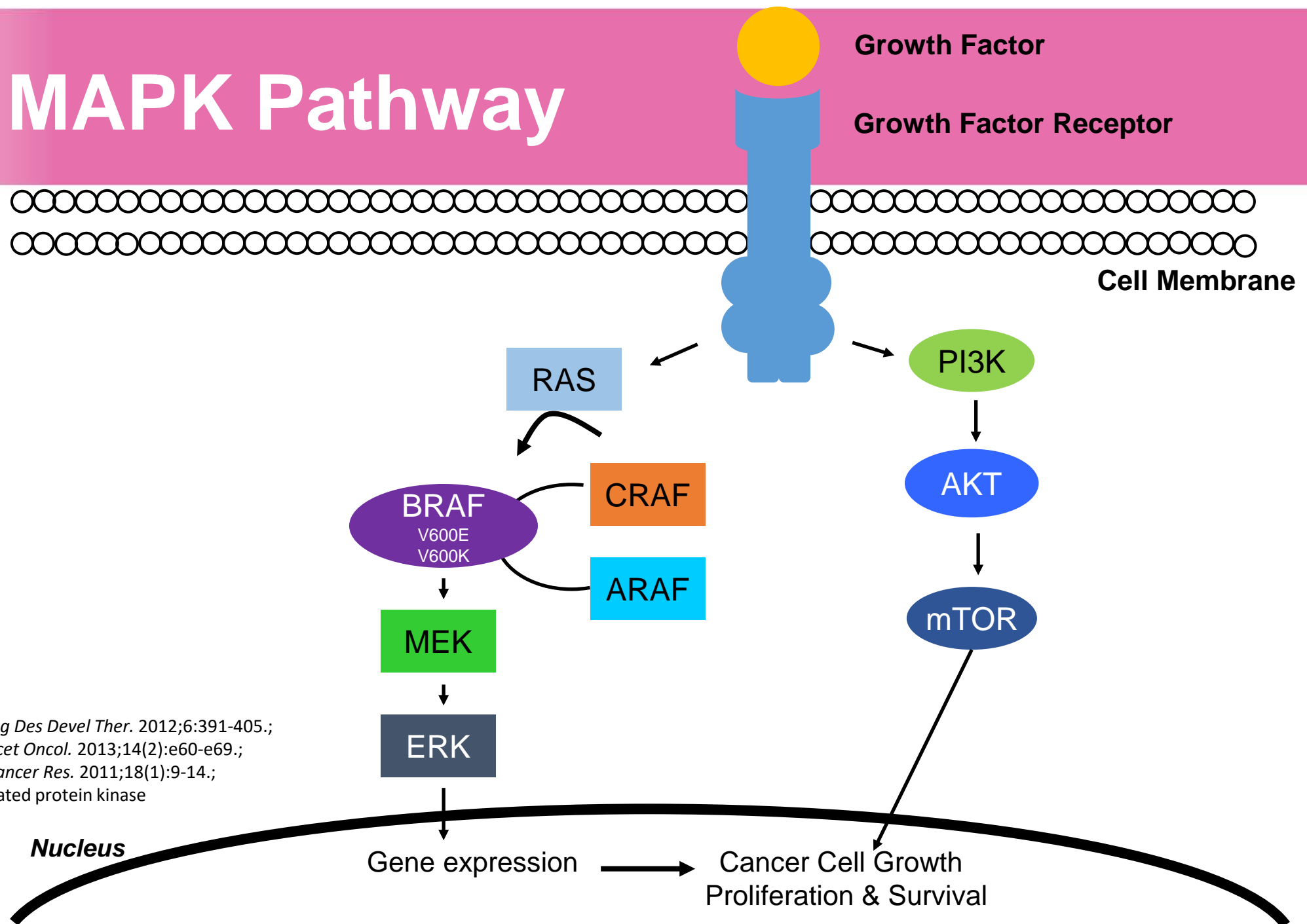




# BRAF-Mutant Melanoma

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# MAPK Pathway



Adapted from:  
Menzies AM, et al. *Drug Des Devel Ther.* 2012;6:391-405.;  
Jang S, Atkins MB. *Lancet Oncol.* 2013;14(2):e60-e69.;  
Luke JJ, Hodi FS. *Clin Cancer Res.* 2011;18(1):9-14.;  
MAPK = mitogen-activated protein kinase

# Mutations in BRAF

- Proto-oncogene
- Most common driver mutation in melanoma
- Present in ~50% of melanoma cases
  - BRAF<sup>V600E</sup> ~85%
  - BRAF<sup>V600K</sup> ~8%
- Younger patients
- May be associated with decreased survival





# BRAF Companion Diagnostics

- Several methods to detect BRAF mutations
  - Sanger sequencing
  - Pyrosequencing
  - Next generation sequencing (NGS)
  - Immunohistochemistry (IHC)
  - Polymerase chain reaction (PCR)

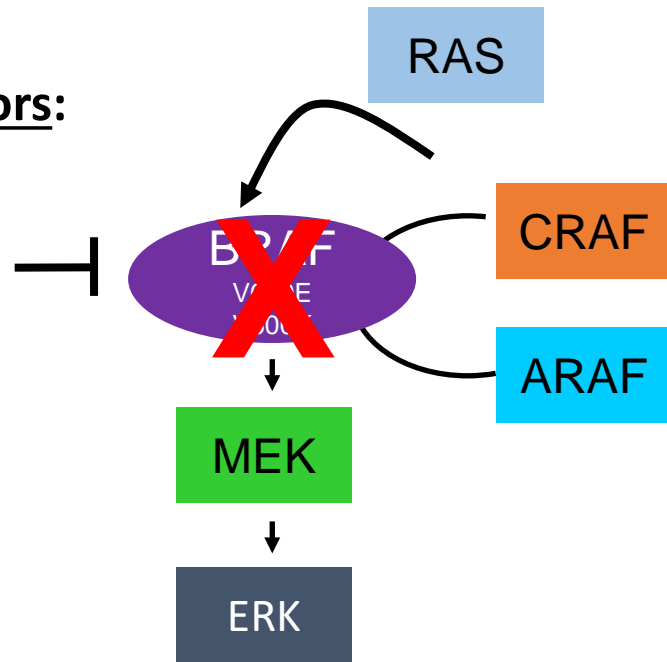
| FDA-Approved Diagnostics           | Test Method | BRAF/MEK Inhibitors Included   |
|------------------------------------|-------------|--|
| FoundationOne CDx                  | NGS         | Vemurafenib<br>Dabrafenib<br>Trametinib<br>Vemurafenib + Cobimetinib |
| THXID BRAF Kit                     | PCR         | Dabrafenib<br>Trametinib<br>Encorafenib + Binimetinib                |
| Cobas 4800 BRAF V600 mutation test | PCR         | Vemurafenib<br>Vemurafenib + Cobimetinib                             |



# MAPK Pathway

## BRAF Inhibitors:

Vemurafenib  
Dabrafenib  
Encorafenib



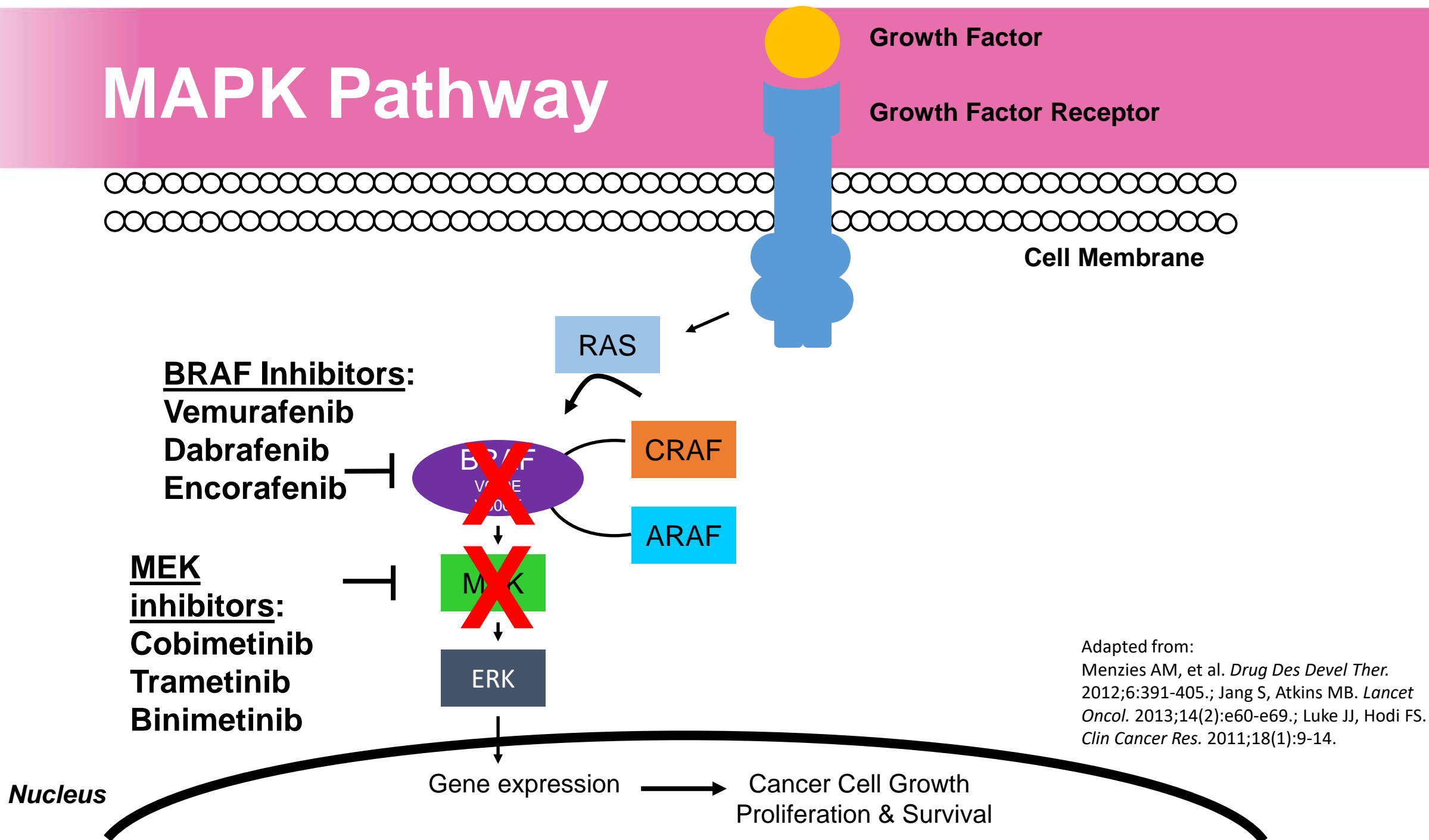
- Resistance typically develops after 5-7 months
- Examples of mechanisms of resistance:
  - Activation of NRAS mutations
  - Activation of non-MAPK growth pathways (e.g., PI3K/AKT)
  - Mutation of MEK
  - BRAF amplification
  - RAS-independent BRAF isoform splice variants
  - Overexpression of hepatocyte growth factor/activation of MET
- Paradoxical activation of the MAPK pathway in BRAF-wild type cells

*Nucleus*

Gene expression → Cancer Cell Growth  
Proliferation & Survival

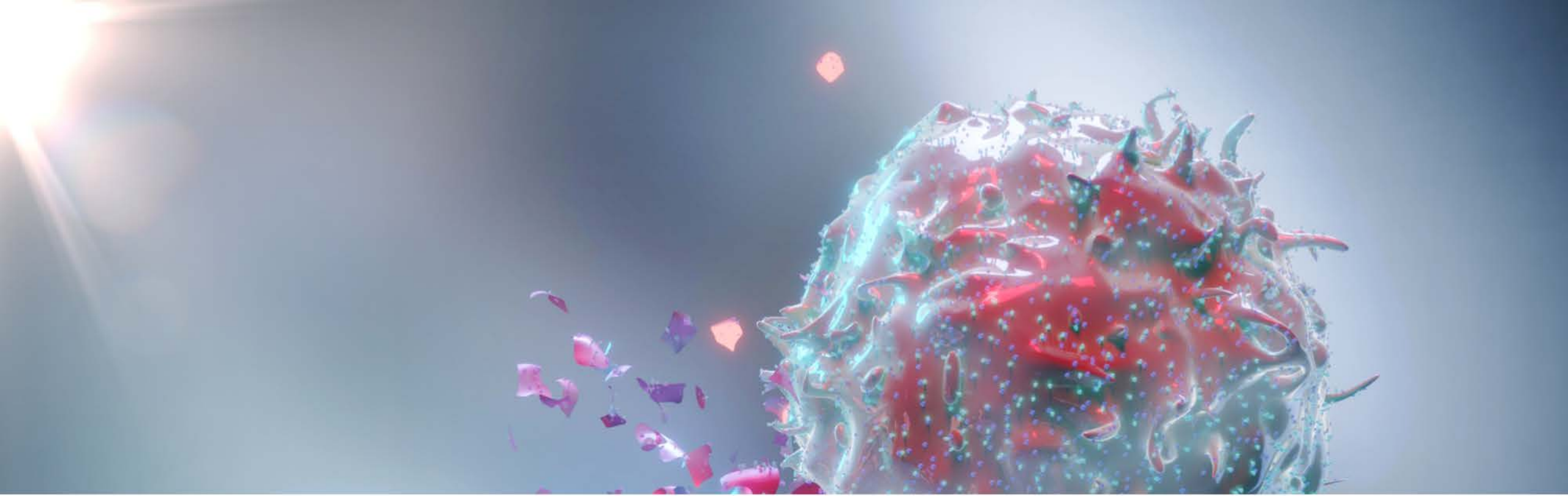
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# MAPK Pathway



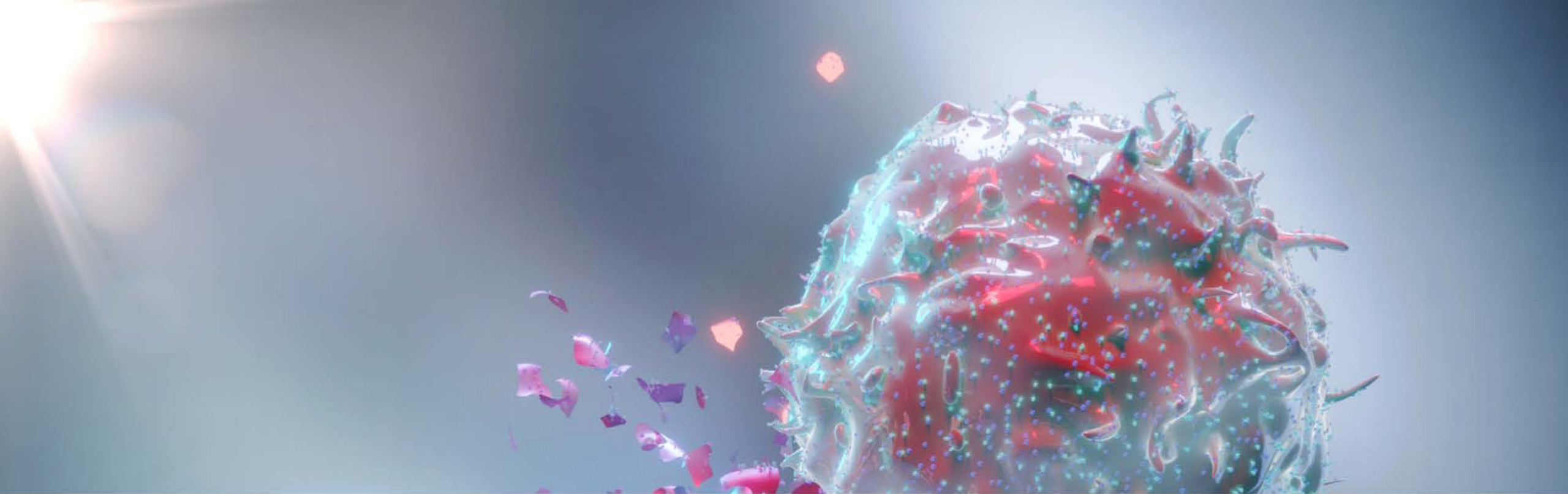
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# Melanoma

## Question & Answer



# **BRAF-MEK Inhibitor Treatment in Melanoma**

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# Adjuvant Treatment of BRAF V600-Mutated Melanoma: Overview

**Stage I and II: Observation**

**Stage III (sentinel lymph node positive or clinically positive nodes):**

Dabrafenib + Trametinib  
x 1 year

PD-1 inhibitor x 1 year:

- Nivolumab
- Pembrolizumab

Observation

PD-1 = programmed cell death protein 1

NCCN Guidelines. Cutaneous Melanoma v. 2.2021. [https://www.nccn.org/professionals/physician\\_gls/pdf/cutaneous\\_melanoma.pdf](https://www.nccn.org/professionals/physician_gls/pdf/cutaneous_melanoma.pdf). Accessed 09/29/21

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# Adjuvant BRAF + MEK Inhibitor

## COMBI-AD: Phase III, double-blind, randomized controlled trial

- N = 870 patients with stage IIIA (> 1 mm metastasis diameter), IIIB – C
- Patients had BRAF V600E/K mutations
- Dabrafenib 150 mg PO BID + trametinib 2 mg PO daily vs. 2 matched placebos

## Primary objective

- Relapse-free survival (RFS)

## Results

- RFS: 52% for dabrafenib + trametinib vs. 36% with placebo (HR 0.51; 95% CI, 0.42 – 0.61)
- Distant metastasis-free survival at 5 years: 65% vs. 54% (HR 0.55; 95% CI, 0.44 – 0.70)



# Adjuvant BRAF Inhibitor Monotherapy

## BRIM8: Phase III, double-blind, randomized controlled trial

- N = 498 patients with stage IIC, IIIA, IIIB (cohort 1; n = 314) or stage IIIC (cohort 2; n = 93)
- Patients had BRAF V600E/K mutation that was fully resected
- Vemurafenib 960 mg PO BID vs. placebo

## Primary objective

- Disease-free survival (DFS) in the intent-to-treat population

## Results

- Cohort 2: DFS 23.1 months for vemurafenib vs. 15.4 months for placebo (HR 0.8, 95% CI, 0.54 – 1.18; p = 0.026)
- Cohort 1: DFS not reached in vemurafenib group vs. 36.9 months in placebo group (HR 0.54, 95% CI 0.37 – 0.78; p = 0.0010)
- DFS results not statistically significant (analysis of cohort 1 considered exploratory only due to statistical design)
- Grade 3 – 4 adverse events: 57% in vemurafenib group vs. 15% in placebo group

# Bottom Line: Adjuvant Treatment with BRAF and MEK Inhibitors

- Dabrafenib + trametinib x 1 year is an option for adjuvant treatment of stage III melanoma based on COMBI-AD
- Other BRAF + MEK inhibitors have not been adequately studied in the adjuvant setting
  - Consider other combinations for patients with unacceptable toxicity to dabrafenib + trametinib
- Vemurafenib monotherapy is not recommended as adjuvant treatment
- Immunotherapy (nivolumab or pembrolizumab) is also an acceptable adjuvant treatment option
  - No direct trial comparison between immunotherapy and BRAF + MEK inhibitors

NCCN Guidelines. Cutaneous Melanoma v. 2.2021. [https://www.nccn.org/professionals/physician\\_gls/pdf/cutaneous\\_melanoma.pdf](https://www.nccn.org/professionals/physician_gls/pdf/cutaneous_melanoma.pdf). Accessed 09/29/21

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# Options for the 1<sup>st</sup> Line Treatment of BRAF V600-Mutated Metastatic Melanoma

## PD-1 inhibitor monotherapy\*

- Nivolumab
- Pembrolizumab

## BRAF + MEK inhibitor\*

- Dabrafenib + trametinib
- Vemurafenib + cobimetinib
- Encorafenib + binimetinib

## Nivolumab + ipilimumab\*

## Pembrolizumab + low-dose ipilimumab

## Targeted therapy + immunotherapy

- Vemurafenib + cobimetinib + atezolizumab
- Dabrafenib + trametinib + pembrolizumab

\* Preferred by NCCN Guidelines

NCCN Guidelines. Cutaneous Melanoma v. 2.2021. [https://www.nccn.org/professionals/physician\\_gls/pdf/cutaneous\\_melanoma.pdf](https://www.nccn.org/professionals/physician_gls/pdf/cutaneous_melanoma.pdf). Accessed 09/29/21

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# COMBI-d and COMBI-v

## *Dabrafenib + Trametinib for BRAF-Mutated Metastatic Melanoma*

|                        | COMBI-d   | COMBI-v   |
|------------------------|---|---|
| Trial Design           | Phase III, double-blind, randomized   | Phase III, open-label, randomized                               |
| N                      | 423   | 704   |
| Treatment Arms         | Dabrafenib + Trametinib vs. Dabrafenib + Placebo                                | Dabrafenib + Trametinib vs. Vemurafenib                         |
| Median PFS (months)    | 9.3 vs. 8.8 in favor of combination therapy (HR 0.75; p=0.035)                  | 11.4 vs. 7.4 in favor of combination therapy (HR 0.56; P<0.001) |
| ORR                    | 67% vs. 51% (p=0.0015)  | 64% vs. 51% in favor of combination therapy (P<0.001)           |
| Pooled 5-year Analysis | PFS: 21% at 4 years and 19% at 5 years<br>OS: 37% at 4 years and 34% at 5 years |   |

ORR = objective response rate; OS = overall survival; PFS = progression-free survival

Robert C, et al. *N Engl J Med*. 2015;372(1):30-39.;

Long GV, et al. *Ann Oncol*. 2017;28(7):1631-1639.

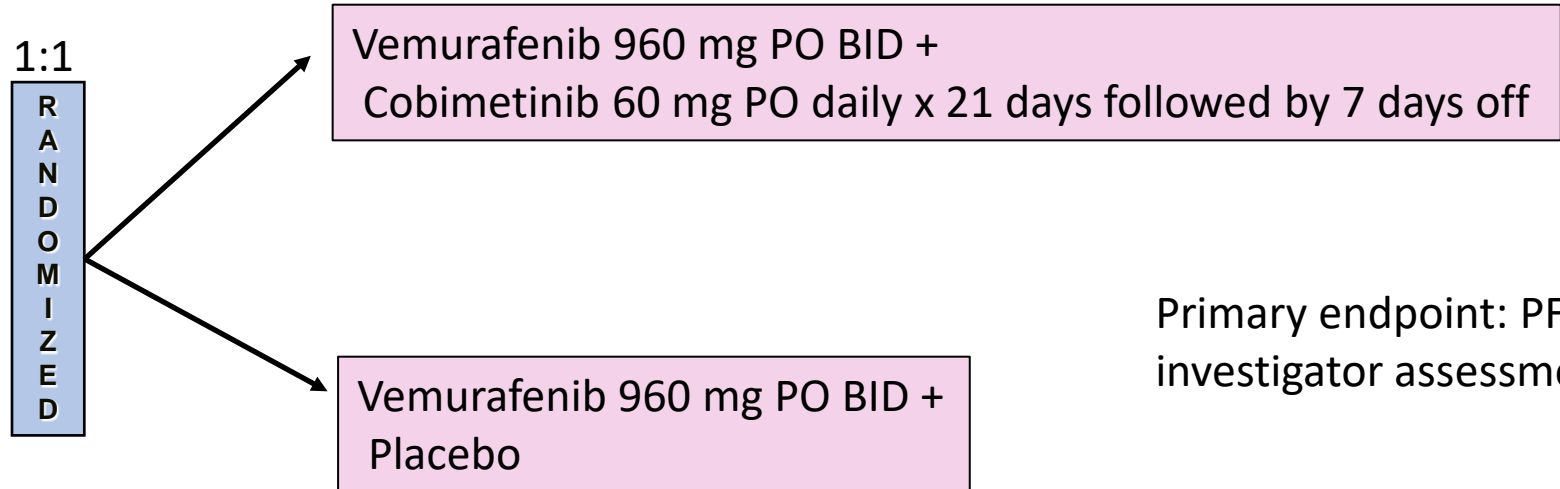
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# CoBRIM

## Vemurafenib + Cobimetinib for BRAF-Mutated Metastatic Melanoma

Phase III RCT  
N= 495  
Previously untreated  
Unresectable locally advanced  
(stage IIIC) or metastatic  
BRAF V600E/K mutated  
cutaneous melanoma



Primary endpoint: PFS by investigator assessment

- Median PFS significantly prolonged in the combination group (12.3 months vs. 7.2 months, HR 0.58, 95% CI 0.46 – 0.72; P<0.0001)
- Median OS significantly prolonged in the combination group (22.3 months vs. 17.4 months, HR 0.70, 95% CI 0.55 – 0.90; P=0.005)

RCT = randomized controlled trial

Larkin J, et al. *N Engl J Med*. 2014;371(20):1867-1876.

Ascierto PA, et al. *Lancet Oncol*. 2016;17(9):1248-1260.

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# COLUMBUS

## Encorafenib + Binimetinib for BRAF-Mutated Metastatic Melanoma

Phase III, open-label, randomized, two-part trial

N= 577

- Locally advanced (stage IIIB, IIIC), unresectable, or metastatic melanoma
- BRAF V600E/K mutated
- Treatment naïve or progressed on or after 1<sup>st</sup> line immunotherapy

1:1:1

R  
A  
N  
D  
O  
M  
I  
Z  
E  
D

Part 1:  
Encorafenib 450 mg PO daily  
Binimetinib 45 mg PO BID

Encorafenib 300 mg PO daily

Vemurafenib 960 mg PO BID

Part 2:  
Encorafenib 300 mg PO daily  
Binimetinib 45 mg PO BID

Primary endpoint: PFS by blinded independent review for combination vs. vemurafenib


|                           | Median PFS (months) | Median OS (months) |
|---------------------------|---------------------|--------------------|
| Encorafenib + Binimetinib | 14.9                | 33.6               |
| Encorafenib               | 9.6                 | -                  |
| Vemurafenib               | 7.3                 | 16.9               |

### PFS comparisons:

Combination vs. vemurafenib: HR 0.54 (95% CI 0.41 – 0.71, two sided p<0.001)

Combination vs. encorafenib: HR 0.75 (95% CI 0.56 – 1.00, two sided p=0.051)

# Bottom Line: Metastatic Treatment with BRAF + MEK Inhibitors

- 
- All 3 combination regimens are considered equally efficacious
  - PFS and OS are improved with combination BRAF + MEK inhibitors compared to BRAF monotherapy
  - Combination BRAF + MEK inhibitors preferred
    - Consider BRAF inhibitor monotherapy in patients with contraindications to MEK inhibitors
  - Immunotherapy (monotherapy or combination) is also an acceptable treatment option

# Options for the 1<sup>st</sup> Line Treatment of BRAF V600-Mutated Metastatic Melanoma

## PD-1 inhibitor monotherapy\*

- Nivolumab
- Pembrolizumab

## BRAF + MEK inhibitor\*

- Dabrafenib + trametinib
- Vemurafenib + cobimetinib
- Encorafenib + binimetinib

## Nivolumab + ipilimumab\*

## Pembrolizumab + low-dose ipilimumab

## Targeted therapy + immunotherapy

- Vemurafenib + cobimetinib + atezolizumab
- Dabrafenib + trametinib + pembrolizumab

\* Preferred by NCCN Guidelines

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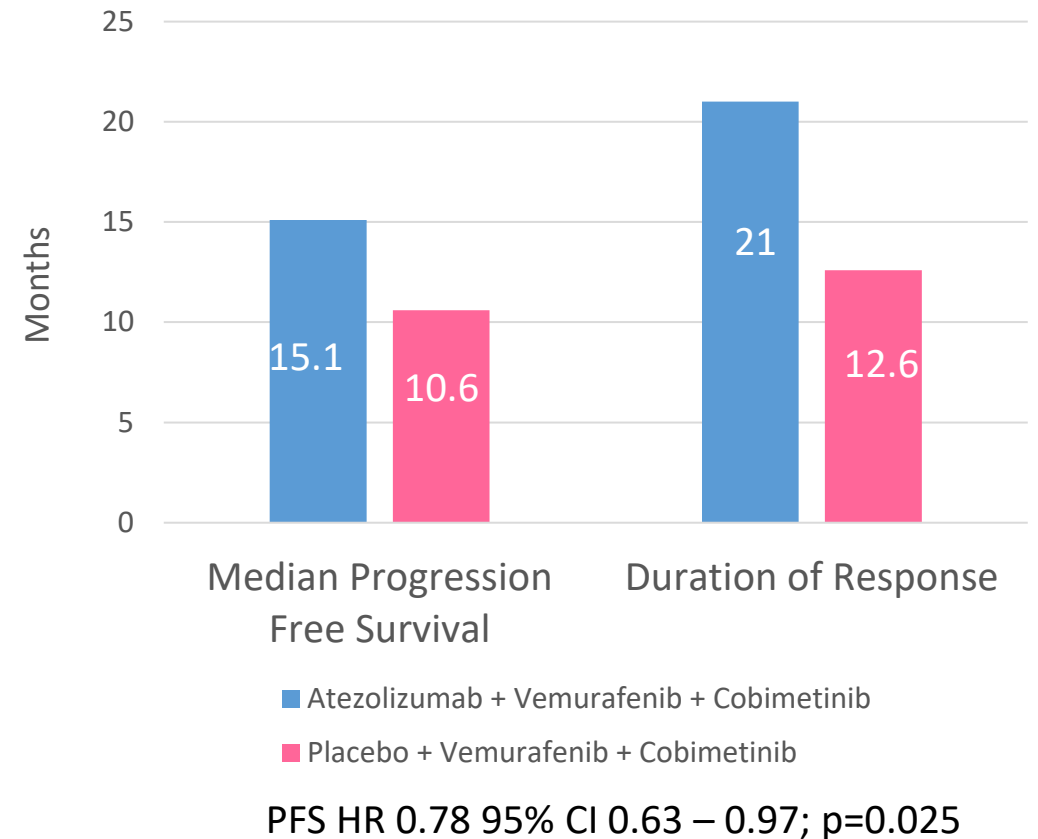
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# IMspire150

## *Atezolizumab + Vemurafenib + Cobimetinib*

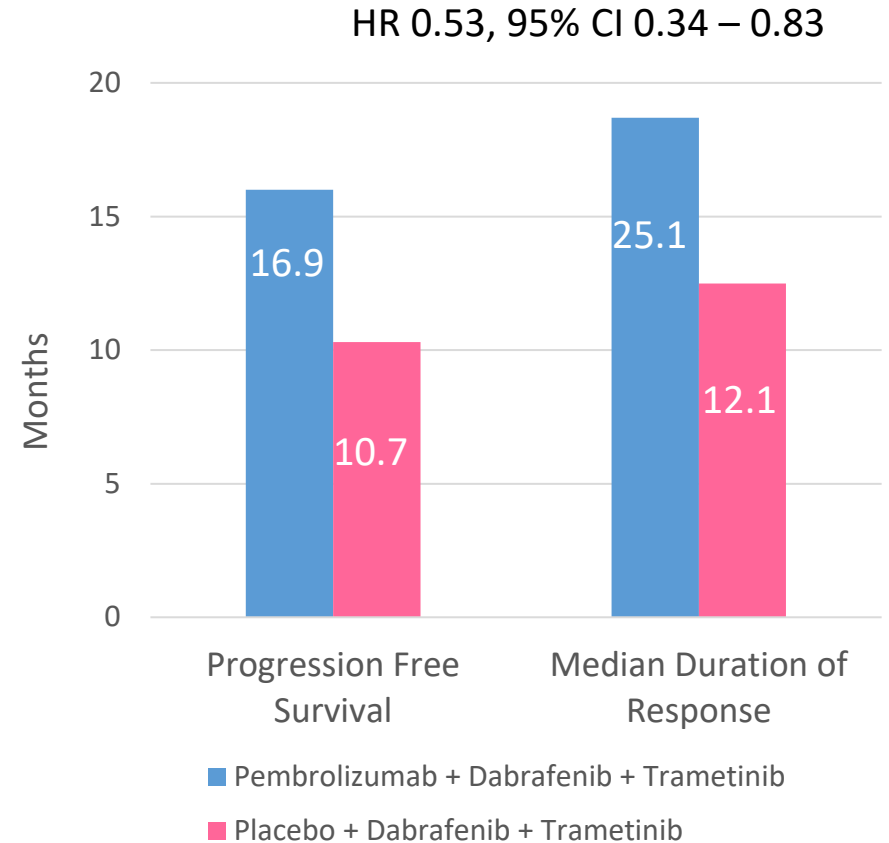
- Phase III double-blind, randomized, placebo-controlled trial
- Randomized to vemurafenib + cobimetinib + atezolizumab (n=256) or placebo (n=258)
- Primary endpoint: investigator-assessed PFS
- Guidelines include this triplet combination as a 1<sup>st</sup>-line recommended regimen for BRAF V600-mutated metastatic or unresectable melanoma
- Not preferred over the double combinations as mature overall survival data has not yet been reported



# KEYNOTE-022 Part 3

## *Pembrolizumab + Dabrafenib + Trametinib*

- Phase II double-blind trial
- Randomized to dabrafenib + trametinib + pembrolizumab (n=60) or placebo (n=60)
- Primary endpoint: PFS
- Grade 3-5 toxicity was 58% (triplet) vs. 25% (doublet)
- Guidelines include this triplet combination as another 1<sup>st</sup>-line recommended regimen for BRAF V600-mutated metastatic or unresectable melanoma with a **lower category of evidence (2B)**



# Bottom Line: Metastatic Treatment with Triple Therapy (Immunotherapy + BRAF + MEK Inhibitors)

- Option for 1<sup>st</sup> line treatment of BRAF V600-mutated metastatic melanoma
  - Not considered a preferred option at this time
- Improved PFS and duration of response compared to BRAF + MEK inhibitor
  - Has not been compared to immunotherapy alone
- Increased risk of toxicity with triple therapy

# Principles of Treatment Sequencing

- BRAF + MEK inhibition may be preferred for patients who require a rapid treatment response
- PD-1 / PD-L1 / CTLA-4 have a prolonged duration of response
- Ongoing trials are comparing 1st line BRAF + MEK inhibitors to immune therapy

PD-L1 = programmed cell death-ligand 1

NCCN Guidelines. Cutaneous Melanoma v. 2.2021. [https://www.nccn.org/professionals/physician\\_gls/pdf/cutaneous\\_melanoma.pdf](https://www.nccn.org/professionals/physician_gls/pdf/cutaneous_melanoma.pdf). Accessed 09/29/21

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# Treatment After Progression for Patients with BRAF V600 Mutation

## Options following progression on immune therapy:

- BRAF + MEK inhibitor combination
- Combination immune therapy
  - Anti-PD-1 + ipilimumab (preferred)
  - T-VEC + ipilimumab (for low burden of disease and injectable lesions)
- Ipilimumab
  - Consider if progression on single-agent anti-PD-1 therapy
- Clinical trial

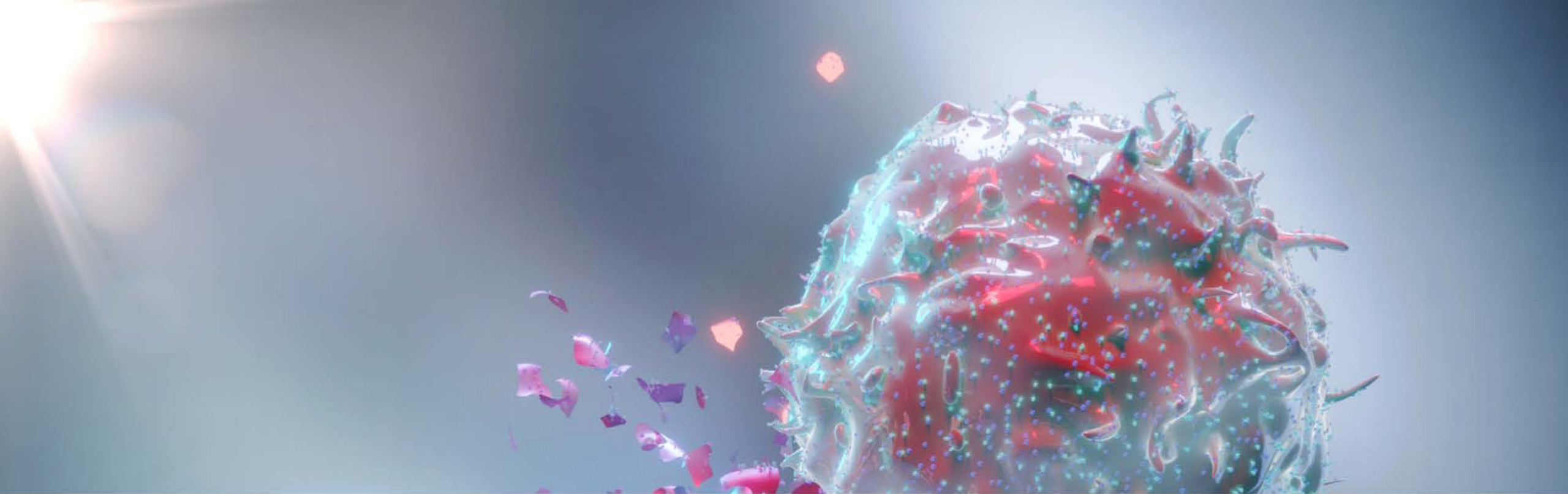
## Options following progression on BRAF + MEK Inhibitors:

- Combination immune therapy
  - Anti-PD-1 + ipilimumab
  - T-VEC + ipilimumab (for low burden of disease and injectable lesions)
- Single-agent anti-PD-1
- Consider rechallenge with BRAF + MEK inhibitors for patients who previously demonstrated clinical benefit
- Clinical trial

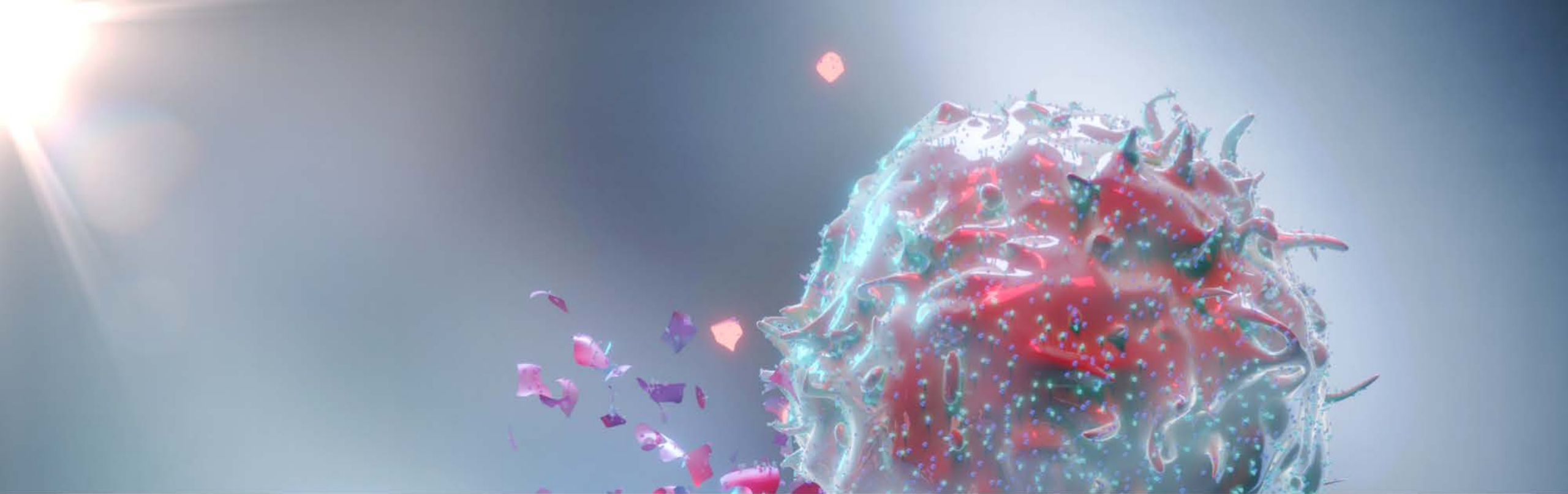


# Treatment of Patients with Brain Metastases

- Most patients with brain metastases need systemic therapy and local brain-directed therapy (i.e., surgery or radiation)
- Local management generally required for patients with high burden of intracranial disease
- Initial course of systemic therapy may be preferred:
  - Lower volume, asymptomatic brain metastases
  - Extensive extracranial disease
- BRAF + MEK inhibitors have high intracranial response rate but PFS shorter for intracranial than extracranial disease
- Combination anti-PD-1 + ipilimumab is preferred for asymptomatic brain metastasis not requiring corticosteroids



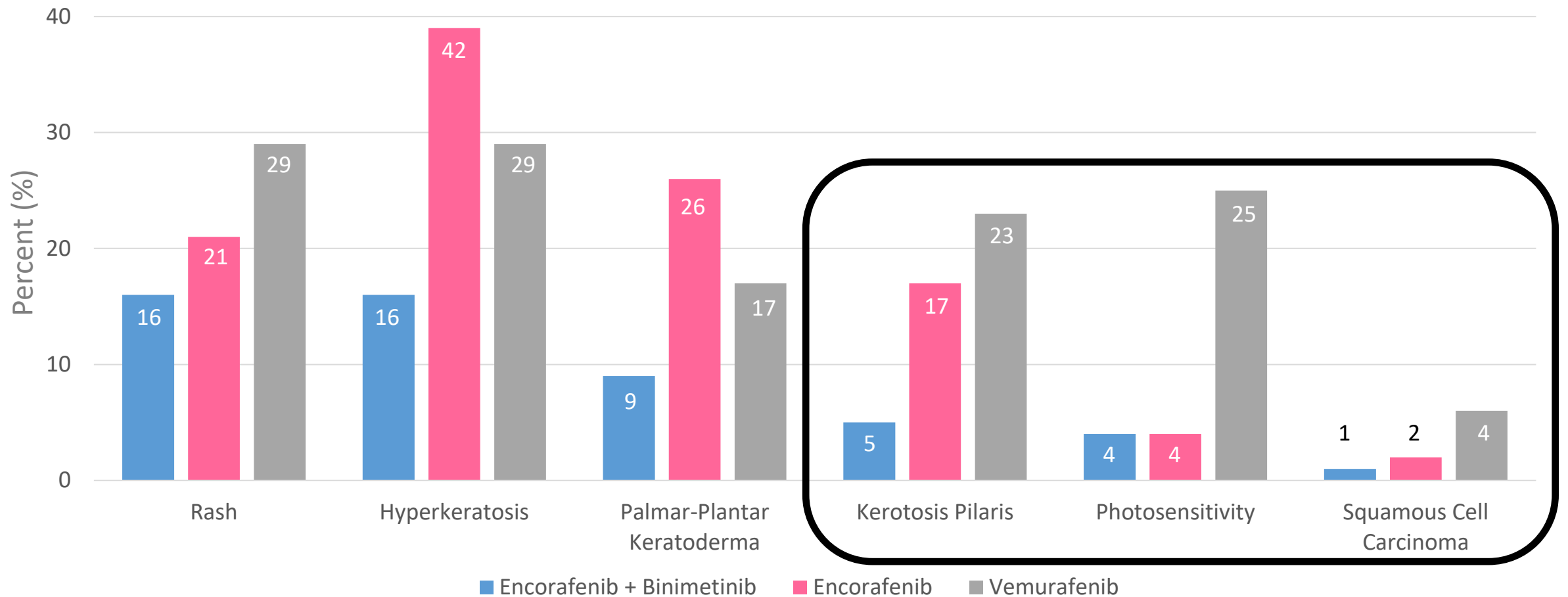
# **BRAF-MEK Inhibitor Treatment Question & Answer**



# **BRAF-MEK Inhibitor Toxicity and Management**

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# Higher Incidence Dermatologic Toxicities with BRAF Inhibitors Versus Combination



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# Toxicity of BRAF-MEK Combinations

| Toxicity             | Vemurafenib + Cobimetinib N = 254 |           | Dabrafenib + Trametinib N = 350 |           | Encorafenib + Binimetinib N = 192 |           |
|----------------------|-----------------------------------|-----------|---------------------------------|-----------|-----------------------------------|-----------|
|                      | All Grade                         | Grade 3/4 | All Grade                       | Grade 3/4 | All Grade                         | Grade 3/4 |
| Any toxicity, %      | 95                                | 62        | 98                              | 48        | NR                                | 64        |
| Diarrhea, %          | 56                                | 6         | 32                              | 1         | 38                                | 3         |
| Nausea, %            | 40                                | 1         | 35                              | 1         | 44                                | 2         |
| Fatigue, %           | 32                                | 4         | 34                              | 1         | 29                                | 2         |
| Rash, %              | 21                                | 1         | 22                              | 1         | 16                                | 2         |
| Hyperkeratosis, %    | 10                                | 0         | 4                               | 0         | 16                                | 1         |
| Photosensitivity, %  | 28                                | 2         | 4                               | 0         | 3                                 | 1         |
| Pyrexia, %           | 26                                | 2         | 53                              | 4         | 20                                | 4         |
| Arthralgia, %        | 32                                | 2         | 24                              | 1         | 28                                | 1         |
| SCC, %               | 3                                 | 2         | 1                               | 1         | 1                                 | 0         |
| Chorioretinopathy, % | 13                                | 1         | 1                               | 0         | 16                                | 0         |
| ↓ EF, %              | 8                                 | 1         | 8                               | 4         | 7                                 | 2         |
| QT prolongation, %   | 4                                 | 1         | 0                               | 0         | 1                                 | 0         |



# Dose Modification for Toxicity

| Agent                  | Standard Dosing            | Dose Reduction 1 <sup>st</sup> Toxicity Occurrence | Dose Reduction 2 <sup>nd</sup> Toxicity Occurrence | Dose Reduction 3 <sup>rd</sup> Toxicity Occurrence |
|------------------------|----------------------------|--|--|--|
| <b>BRAF Inhibitors</b> |                            |  |  |  |
| Vemurafenib            | 960 mg twice daily         | 720 mg twice daily                                 | 480 mg twice daily                                 | Discontinue  |
| Dabrafenib             | 150 mg twice daily         | 100 mg twice daily                                 | 75 mg twice daily                                  | 50 mg twice daily                                  |
| Encorafenib            | 450 mg once daily          | 300 mg once daily                                  | 225 mg once daily                                  | Discontinue  |
| <b>MEK Inhibitors</b>  |                            |  |  |  |
| Cobimetinib            | 60 mg once daily days 1-21 | 40 mg once daily days 1-21                         | 20 mg once daily days 1-21                         | Discontinue  |
| Trametinib             | 2 mg once daily            | 1.5 mg once daily                                  | 1 mg once daily                                    | Discontinue  |
| Binimetinib            | 45 mg twice daily          | 30 mg twice daily                                  | Discontinue  |  |

# Management of Rash

## Grade 1

- No symptoms
- **Topical emollients**, observe

## Grade 2

- Itching, soreness, rash < 50% of skin surface
- Antihistamines, emollients, **topical steroids**

## Grade 3

- Itching, soreness, rash  $\geq$  50% of skin surface
- **Hold TKI until < Grade 1**, antihistamines, topical steroids, consider starting **oral prednisone 0.5 mg/kg/day**

## Grade 4

- SJS, TEN, blisters, peeling, or mucosal
- DC TKIs, consider alternate, consult derm

DC = discontinue; SJS = Stevens-Johnson Syndrome; TENS = Toxic Epidermal Necrolysis; TKI = tyrosine kinase inhibitor

Welsh SJ, Corrie PG. *Ther Adv Med Oncol*. 2015;7(2):122-136.; Zelboraf [package insert]. Genentech USA, Inc.;2020.; Tafilarin [package insert]. Novartis Pharmaceuticals Corporation;2020.; Braftovi [package insert]. Array BioPharma Inc.;2020.; Cotellic [package insert]. Genentech USA, Inc.;2020.; Mekinist [package insert]. Novartis Pharmaceuticals Corporation;2021.; Mektovi [package insert]. Array BioPharma Inc.;2020.

# Management of Other Dermatologic Toxicities

| Dermatologic Toxicity                  | Symptoms   | Management  |
|--|--|---|
| Dry skin                               | Flaky skin including scalp<br>May be associated with pruritis  | Soap substitutes<br>Moisturizers  |
| Keratosis pilaris                      | Hyperkeratotic/cystic follicular eruption (folliculocentric papules) on head-neck region, torso, extremities | Moisturizers, topical steroids, antihistamines, prednisone, acitretin       |
| Keratocanthoma/Squamous Cell Carcinoma | Rapidly growing nodule with crusty, erythematous base  | Excision, acitretin, photodynamic light therapy, intralesional fluorouracil |
| Panniculitis                           | Tender skin nodules with or without arthralgias  | Non-steroidal anti-inflammatory agents and analgesics                       |
| Plantar hyperkeratosis                 | Lesions only at points of pressure or friction (hands rarely involved)                                       | Urea creams, avoid friction to area   |
| Photosensitivity reactions             | Painful burning sensation up to 10 minutes after UV light exposure   | Sunscreen SPF > 30 (UVA+UVB), avoid sun                                     |

# Management of Diarrhea

## Grade 1

- ↑ 4 stools over baseline or mild ostomy output over baseline
- **Loperamide**, dietary modifications, rule out infection

## Grade 2

- ↑ 4-6 stools over baseline or moderate ostomy output over baseline
- **Hold TKI until < Grade 1, loperamide**, dietary modification, rule out infection

## Grade 3

- ↑ 7 stools over baseline, incontinence; severe ↑ ostomy output
- **Hold TKI until < Grade 1, loperamide, codeine, hospitalization, fluids, rule out infection, quinolone antibiotic if fever or neutropenic**

## Grade 4

- Life-threatening, urgent action needed
- **DC TKIs, hospitalization, fluids, consider colonoscopy, antibiotics**

# Management of Pyrexia

## Grade 1

- Fever 38 to 39°C (100.4 to 102.2°F)
- Continue TKI. Check CBC with differential, rule out infection. If negative, **acetaminophen 1000 mg every 6 hours. If fever persists, alternate NSAID with acetaminophen.**

## Grade 2

- Fever > 39 to 40°C (102.3 to 104°F)
- **Hold TKI.** Check CBC with differential, rule out infection. Acetaminophen 1000 mg every 6 hours; alternate NSAID. **Consider low-dose prednisone or switching BRAF inhibitors.**

## Grade 3 or 4

- Fever > 40°C (> 104°F) ≤ 24 hours (Grade 3) or > 24 hours (Grade 4)
- **DC TKI.** Check CBC with differential, rule out infection. Acetaminophen 1000 mg every 6 hours; alternate NSAID. **Consider low-dose prednisone or switching BRAF inhibitors.**

CBC = complete blood count; NSAID, non-steroidal anti-inflammatory drug.

Welsh SJ, Corrie PG. *Ther Adv Med Oncol.* 2015;7(2):122-136.; Zelboraf [package insert]. Genentech USA, Inc.;2020.; Tafilar [package insert]. Novartis Pharmaceuticals Corporation;2020.; Braftovi [package insert]. Array BioPharma Inc.;2020.; Cotellic [package insert]. Genentech USA, Inc.;2020.; Mekinist [package insert]. Novartis Pharmaceuticals Corporation;2021.; Mektovi [package insert]. Array BioPharma Inc.;2020.



# Colchicine for Pyrexia with D/T

| Case | Prior to Colchicine                  |               |                     | After Colchicine |              |               |                     |
|------|--------------------------------------|---------------|---------------------|------------------|--------------|---------------|---------------------|
|      | Treatment of Pyrexia                 | Days D/T Held | D/T Dose Reductions | Colchicine Dose  | Days Pyrexia | Days D/T Held | D/T Dose Reductions |
| 1    | HC 5 mg BID, APAP PRN, Ibuprofen PRN | 5/13          | D: ↓50%             | 1.2 mg BID       | 1            | 2/0           | 0                   |
| 2    | APAP Q6H, Prednisone 20 mg/day       | 10/70         | D: ↓50%             | 0.6 mg BID       | 1            | 0/0           | 0                   |
| 3    | APAP Q8H, Prednisone 20 mg/day       | 3/3           | None                | 0.6 mg BID       | 0            | 0/0           | 0                   |
| 4    | APAP PRN                             | 11/11         | D: ↓50%             | 1.2 mg BID       | 2            | 0/0           | 0                   |
| 5    | Ibuprofen PRN                        | 5/5           | D: ↓50%<br>T: ↓ 50% | 1.2 mg BID       | 1            | 2/2           | 0                   |

APAP = acetaminophen; BID = twice daily; D = dabrafenib; D/T = dabrafenib + trametinib; H = hours; HC = hydrocortisone; PRN = as needed; Q = every; T = trametinib

# Management of Cardiomyopathy

## Grade 1 or 2

- Asymptomatic ↓ LVEF < 10% (Grade 1) or ≥ 10 to < 20% (Grade 2) from baseline
- **Hold TKI.** Remeasure LVEF. If improved, **restart at one dose level lower.**

## Grade 3

- Symptomatic ↓ LVEF > 20% from baseline
- **DC TKI.** Treat symptomatically.

## Grade 4

- Refractory, poorly controlled heart failure requiring hospitalization, ventricular assist device, vasopressor support or transplant
- **DC TKI.** Treat symptomatically.

LVEF = left ventricular ejection fraction

Welsh SJ, Corrie PG. *Ther Adv Med Oncol.* 2015;7(2):122-136.; Zelboraf [package insert]. Genentech USA, Inc.;2020.; Tafilarin [package insert]. Novartis Pharmaceuticals Corporation;2020.; Braftovi [package insert]. Array BioPharma Inc.;2020.; Cotellic [package insert]. Genentech USA, Inc.;2020.; Mekinist [package insert]. Novartis Pharmaceuticals Corporation;2021.; Mektovi [package insert]. Array BioPharma Inc.;2020.

# Management of Ocular Toxicities

## Grade 1

- Asymptomatic, no limit to activities of daily living
- **Hold TKI. Refer to Ophthalmology. If uveitis, treat with corticosteroid eye drops. Restart MEK inhibitor at reduced dose.**

## Grade 2

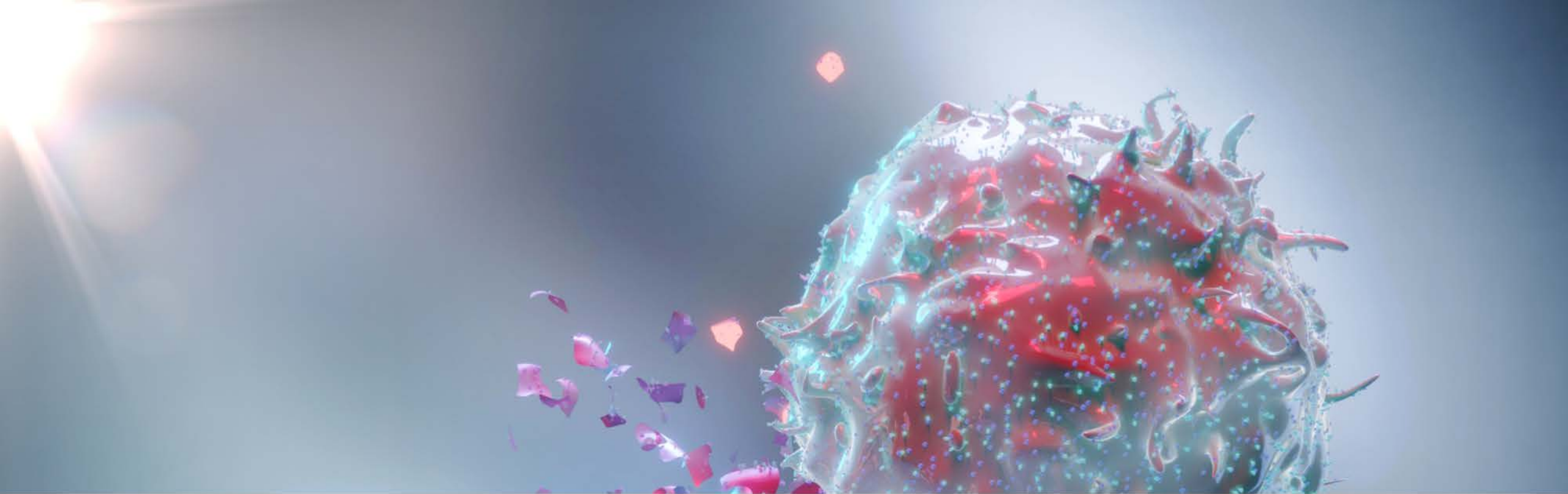
- Symptomatic, visual acuity ↓ to 20/40 or better in affected eye(s), limiting activities of daily living.
- **Hold TKI. Refer to Ophthalmology. As above uveitis. If RVO, DC TKI.**

## Grade 3

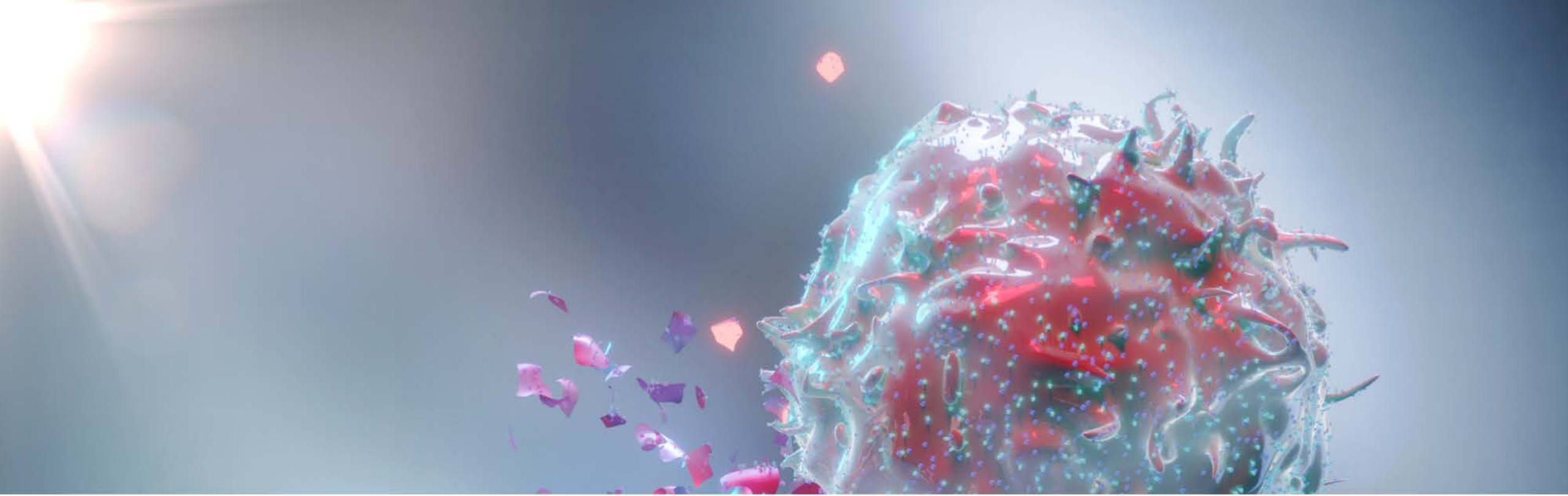
- Symptomatic, marked ↓ visual acuity to 20/40 or worse in affected eye(s), limiting self-care.
- **DC TKI, urgent ophthalmology management.**

## Grade 4

- Blindness, visual acuity worse than 20/200 in affected eye(s)
- **DC TKI, urgent ophthalmology management.**



# **Toxicity and Management Question & Answer**



# Considerations for Oncology Pharmacists

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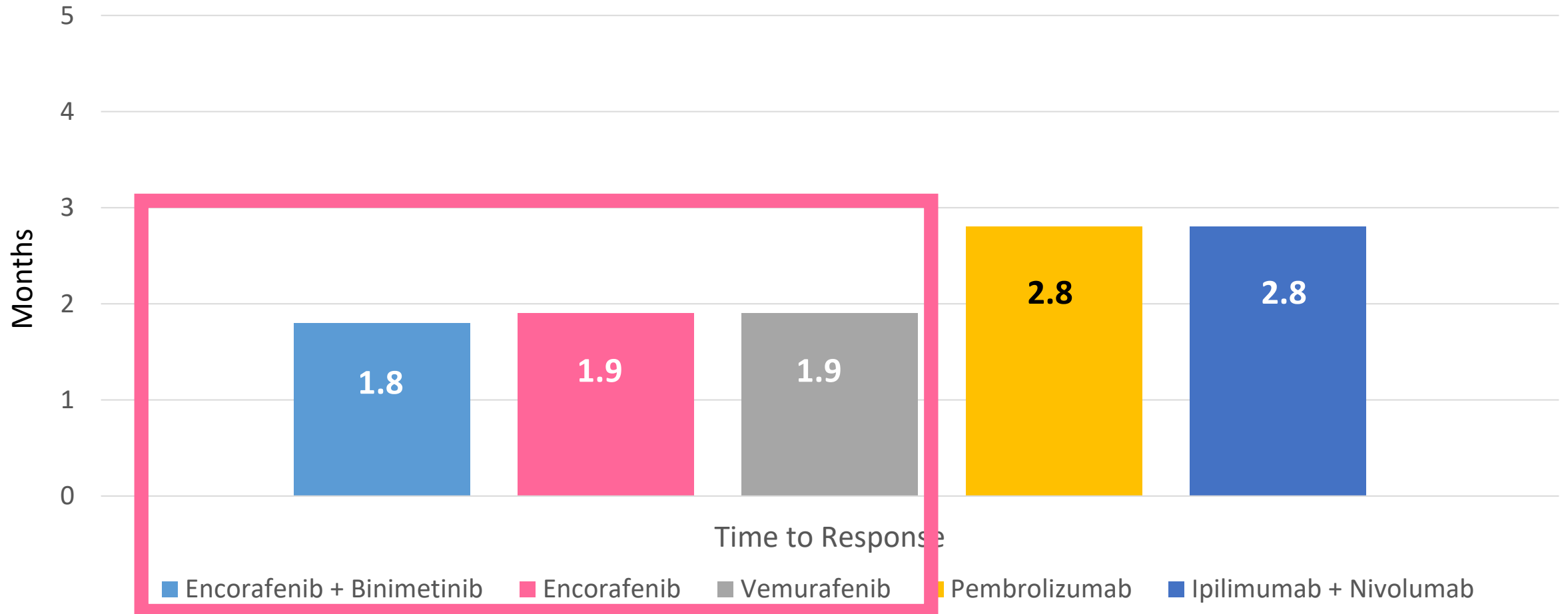
# Case 1

JS is a 48-year-old male with newly diagnosed BRAF<sup>V600E</sup> mutation-positive melanoma of the neck. PET/CT imaging reveals FDG-avid lymph nodes in the neck surrounding the windpipe. The patient's melanoma is considered aggressive with a mitotic rate of  $> 10/\text{mm}^2$ . He is admitted to the hospital for emergent treatment.

**Which of the following would be an appropriate first-line regimen to treat JS's BRAF<sup>V600E</sup> mutation positive melanoma?**

- A. Encorafenib 450 mg PO once daily + binimetinib 45 mg PO twice daily
- B. Ipilimumab 3 mg/kg IV on Day 1 + nivolumab 1 mg/kg IV on Day 1 every 3 weeks
- C. Pembrolizumab 200 mg IV on Day 1 + dabrafenib 150 mg PO twice daily + trametinib 2 mg once daily

# Time to Response BRAF vs. Immunotherapy



# Case 2

VF is a 72-year-old female with recurrent BRAF<sup>V600E</sup> mutation-positive cutaneous melanoma with metastases to her lungs. She previously received therapy with nivolumab 480 mg IV on Day 1 every 4 weeks x 8 cycles.

## Past medical history:

- Atrial fibrillation
- Hypothyroidism
- Recent pneumonia

## Current medications:

- Metoprolol 50 mg twice daily
- Apixaban 5 mg twice daily
- Levothyroxine 75 mcg once daily before breakfast
- Clarithromycin 500 mg twice daily

The patient feels breathless & exhausted. An ECG returns with a QTc of 520 msec.

## **Which of the following is the best treatment for VF?**

- A. Vemurafenib + Cobimetinib, continue all current medications
- B. Dabrafenib + Trametinib, switch apixaban to low molecular weight heparin and hold clarithromycin
- C. Encorafenib + binimetinib, switch apixaban to low molecular weight heparin and hold clarithromycin

# Drug Interactions with BRAF/MEK Inhibitors

| BRAF Inhibitor    | Vemurafenib  | Dabrafenib   | Encorafenib  |
|-------------------|--|--|--|
| Administration    | 960 mg orally twice daily <b>with or without food</b>  | 150 mg orally twice daily <b>at least 1 hour before or 2 hours after a meal</b>  | 450 mg once daily <b>with or without food</b>  |
| Drug interactions | CYP3A4 substrate<br>CYP1A2, CYP2D6, CYP2C9 inhibitor<br>CYP3A4 inducer<br>QTc prolonging medications | CYP3A4, CYP2C8 substrate<br>CYP3A4, CYP2C8, CYP2C9,<br>CYP2C19, CYP2B6 inhibitor | CYP3A4, P-glycoprotein substrate<br>CYP3A4 inhibitor, P-glycoprotein,<br>BCRP, OCT2, OATP1B1, OATP1B3<br>QT prolonging medications |

| MEK Inhibitor     | Cobimetinib  | Trametinib  | Binimetinib   |
|-------------------|--|---|---|
| Administration    | 60 mg once daily Days 1-21 <b>with or without food</b>   | 2 mg once daily <b>at least 1 hour before or 2 hours after a meal</b> | 45 mg twice daily <b>with or without food</b>   |
| Drug interactions | CYP3A4, P-glycoprotein substrate<br>Avoid strong/moderate inhibitors,<br>inducers CYP3A4 or reduce to 20<br>mg/day | CYP2C8 inhibitor (in vitro)   | P-glycoprotein, BCRP substrate<br>UGT1A1 inhibitors (smoking) do not<br>have clinically relevant effect |

BCRP = breast cancer resistance protein; CYP = cytochrome P450; UGT = UDP-glucuronosyltransferase

Zelboraf [package insert]. Genentech USA, Inc.;2020.; Tafinlar [package insert]. Novartis Pharmaceuticals Corporation;2020.; Braftovi [package insert]. Array BioPharma Inc.;2020.; Cotellic [package insert]. Genentech USA, Inc.;2020.; Mekinist [package insert]. Novartis Pharmaceuticals Corporation;2021.; Mektovi [package insert]. Array BioPharma Inc.;2020.

# Case 3

CE is a 68-year-old male with metastatic BRAF<sup>V600E</sup> mutated melanoma of the right ear. He is seeing you in clinic today prior to his 4<sup>th</sup> cycle of dabrafenib (D) 150 mg PO twice daily + trametinib (T) 2 mg PO once daily. He states he has a hard time sleeping at night as he develops fevers > 39°C with accompanying chills and rigors.

Past Medical History: Hypertension, ESRD with CrCl = 20 mL/min

**Which of the following is the best recommendation for CE?**

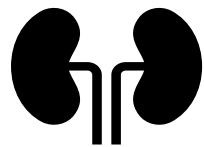
- A. Start colchicine 1.2 mg PO twice daily; continue DT
- B. Give acetaminophen 1000 mg PO every 6 hours as needed
- C. Switch to encorafenib 450 mg PO once daily + binimetinib 45 mg twice daily



# Treatment of DT-Induced Pyrexia in ESRD



Around the clock acetaminophen 1000 mg PO every 6 hours, avoid ibuprofen in ESRD; consider low-dose prednisone



Avoid colchicine in ESRD

# Case 4

You receive a call at your specialty pharmacy from a community oncologist who is treating a BRAF<sup>V600E</sup> mutation-positive cutaneous melanoma patient with dabrafenib + trametinib. The patient will begin concomitant radiation therapy for a metastasis to the lung.

**Which of the following is your best response?**

- A. It is not necessary to hold BRAF/MEK inhibitors while receiving concurrent radiation therapy.
- B. I recommend holding the BRAF/MEK inhibitor while radiation therapy is ongoing due to concerns for increased BRAF/MEK inhibitor toxicity.
- C. I have no idea how to answer this question. Help!

# Severe Toxicity With Concurrent BRAF/MEK Inhibitors + Radiation Therapy (RT)

- BRAF inhibitors ↑ risk of grade 2 and 3 dermatitis with RT
- May result in painful or disfiguring keratosis pilaris & cutis furrowing of scalp
- Mucosal toxicity
- Pneumonitis

## Consensus Recommendations

| Treatment Modality | Recommendation   |
|--------------------|--|
| BRAF/MEK inhibitor | Hold $\geq 3$ days before & after RT<br>Hold $\geq 1$ day prior to stereotactic radiosurgery   |
| Radiation therapy  | Consider $< 4$ Gy per fraction<br>Adjuvant nodal basin RT, consider $\leq 48$ to 50 Gy in 20 fractions<br>For spinal metastases, consider posterior oblique RT |





# Questions & Answers

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