

# Smoking Cessation Counseling By Pharmacists: Taking it to the Next Level

A 4-Part Educational Podcast Series for Pharmacists

## Podcast 3: Pharmacologic Smoking Cessation Methods: Picking the Best Agent for the Patient



Pharmacologic methods are associated with higher quit rates compared with "cold turkey" and unaided approaches, especially when combined with behavioral counseling for lifestyle change. Pharmacists in some states can prescribe these therapies for patients independently. In this podcast, Michele Faulkner, PharmD, discusses how to help patients determine which method may be best suited to their needs.



**Michele Faulkner, PharmD**, is a Professor in the School of Pharmacy and Health Professions, and in the School of Medicine within the Department of Neurology at Creighton University. She has published in the area of smoking cessation, and teaches in a Communication Skills course where students learn counseling techniques designed to optimize patient outcomes.

### Don't Miss the Other Podcasts in this 4-Part Series

Podcast 2: Vaping: Smoking Cessation Tool, or New Way to Be Hooked on Nicotine?

Podcast 3: Pharmacologic Smoking Cessation Methods: Picking the Best Agent for the Patient

Podcast 4: Q&A: Benefits and Barriers in Pharmacy-Based Smoking Cessation Programs