

# Smoking Cessation Counseling By Pharmacists: Taking it to the Next Level

A 4-Part Educational Podcast Series for Pharmacists

## Podcast 2: Vaping: A Smoking Cessation Tool—or a New Way to be Hooked on Nicotine?



"Vaping" (e-cigarettes) is a hot topic, given its popularity among youth and recent concerns about serious lung injury. Rapid uptake of vaping among teens and young adults is coupled with a decline in smoking of combustible cigarettes in this population. In this podcast, Elsen Jacob, PharmD, will guide pharmacists in discussing the health effects of vaping with patients and the viability of e-cigarettes as an aid to smoking cessation.



**Elsen Jacob, PharmD**, is Assistant Professor in the College of Pharmacy and Health Sciences at St. John's University College in Queens, NY and Clinical Coordinator, Inpatient Family Medicine Service at Mount Sinai Hospital in New York City.

### Don't Miss the Other Podcasts in this 4-Part Series

Podcast 1: Using Motivational Interviewing in Smoking Cessation Counseling

Podcast 3: Pharmacologic Smoking Cessation Methods: Picking the Best Agent for the Patient

Podcast 4: Q&A: Benefits and Barriers in Pharmacy-Based Smoking Cessation Programs